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WRAPS

NEW!!!! ANY WRAP CAN BE A SALAD MADE TO ORDER

SAUTEED ORGANIC PORTABELLO MUSHROOM (\$10)

PESTO AND ROASTED VINE RIPENED TOMATO, SEA SALT, PEPPER, BASIL, PIGNOLI NUTS, PARMESAN, GARLIC, & OLIVE OIL

ORGANIC CHUNKY PEANUT BUTTER (\$6)

MASHED ORGANIC BANANA, ORGANIC GRANOLA, & THINLY SLICED APPLES

ORGANIC BLACK BEAN HUMMUS (\$8)

SWEET CORN, RED ONIONS, CHEDDAR, SEA SALT, GROUND PEPPER, BLACK BEANS, GROUND CUMIN, CO-RIANDER, SESAME TAHINI, GARLIC & FRESH LEMON JUICE

CHICKPEA HUMMUS (\$8)

SLICED AVOCADO, SHREDDED LETTUCE, TOMATO, OLIVE OIL, PAPRIKA, SEA SALT, GROUND PEPPER, CHICK PEAS, SESAME TAHINI, FRESH GARLIC, LEMON JUICE, & GROUND CAYENNE PEPPER

WILD CAUGHT TUNA (\$8)

CAESAR DRESSING, ORGANIC DIJON MUSTARD, ORGANIC WORCESTERSHIRE, FRESH LEMON, PARMESAN CHEESE, FRESH GARLIC, ORGANIC TABASCO SAUCE, SUN DRIED TOMATO, LETTUCE, SEA SALT, & GROUND PEPPER

WILD CAUGHT SOCKEYE SALMON SALAD WRAP (\$10)

WILD CAUGHT SOCKEYE SALMON, ORGANIC ROMAINE LETTUCE, ORGANIC TOMATOES, ORGANIC CELERY, ORGANIC APPLE, ORGANIC WALNUTS, ORGANIC MAYONNAISE, ORGANIC YOGURT, LEMON PEPPER, THYME, SEA SALT, AND FRESHLY GROUND BLACK PEPPER.

ORGANIC GREEK SALAD WRAP (\$9)

ROMAINE LETTUCE, VINE RIPENED TOMATOES, ORGANIC RED & GREEN PEPPERS, ORGANIC ENGLISH CUCUMBERS, ORGANIC RED ONION, KALMATA OLIVE SPREAD, FETA CHEESE, SEA SALT, FRESHLY GROUND PLACE PEPPER, EXTRA VIRGIN OLIVE OIL, LEMON JUICE AND ORGANIC OREGANO.

FREE RANGE CHICKEN CAESAR WRAP (\$10)

FREE RANGE CHICKEN BREAST, ORGANIC ROMAINE LETTUCE, ORGANIC TOMATOES, ORGANIC RED AND GREEN PEPPER, ORGANIC CUCUMBER, ORGANIC RED ONION, CAESAR DRESSING MADE WITH ORGANIC TABASCO, ORGANIC DIJON MUSTARD, ORGANIC LEMON JUICE, ORGANIC WORSTESHIRE, SHREDDED PARMESAN, EXTRA VIRGIN OLIVE OIL, SEA SALT, FRESH GROUND BLACK PEPPER.

ORGANIC ITALIAN WRAP (\$8)

ORGANIC TOMATOES, ORGANIC BASIL, FRESH MOZZARELLA, SEA SALT, ORGANIC GROUND PEPPER, OLIVE OIL, PARMESAN CHEESE, LEMON, AND GARLIC

SHRIMP FAJITA WRAP (\$10)

ORGANIC RED & GREEN PEPPER, ORGANIC RED ONION, ORGANIC BROWN BASMATI RICE, SHRIMP