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### BREAKFAST MENU

#### *ORGANIC CREAMSICLE PROTEIN SMOOTHIE*

*ORGANIC FRESH ORANGE JUICE, ORGANIC VANILLA YOGURT, VANILLA PROTEIN POWDER, AND YOUR CHOICE OF MILK.*

#### *HOMEMADE ORGANIC WAFFLES*

*ORGANIC MAPLE SYRUP AND BUTTER*

#### *ORGANIC OATMEAL*

*ORGANIC MAPLE SYRUP AND SLICED BANANAS*

#### *ORGANIC SWEETENED CREAM CHEESE WRAP*

*ORGANIC CREAM CHEESE, ORGANIC WALNUTS, ORGANIC RAISINS, ORGANIC BROWN SUGAR, & ORGANIC CINNAMON*

#### *WILD CAUGHT SOCKEYE SALMON AND CREAM CHEESE BAGEL OR WRAP*

*SOCKEYE SALMON AND CREAM CHEESE SPREAD, ORGANIC TOMATOES, ORGANIC RED ONION*

#### *YOGURT PARFAIT*

*VANILLA YOGURT, ORGANIC GRANOLA, & ASSORTED BERRIES*

*ALSO BE SURE TO ENJOY OUR SELECTION OF ALL-NATURAL AND ORGANIC MUFFINS, DANISH, AND PASTRIES.*

*ALL OF OUR GREAT HOT AND COLD DRINKS WILL BE MADE FRESH STARTING AT 7 AM AS WELL.*

*WE ALSO OFFER HOT APPLE CIDER AND FRESH SQUEEZED ORANGE JUICE*